



# Are You the Parent of a Tween or Teen?

- Would you like to learn about even more effective ways of parenting in today's world?
- Are you frustrated with your teens behavior and don't know what to do or where to go?
- Have you heard of Triple P?

Triple P is a system of proven parenting solutions that help resolve current parenting problems and prevents future problems before they arise. As one of the few evidence-based parenting programs available, with over 25 years of proven clinical research to back it up, you can be sure Triple P works for the majority of families.

**Thursday Evenings**  
**May 14<sup>th</sup> to June 25<sup>th</sup>, 2009**

**5:30 – 7:30p.m.**

**John Howard Society**

(1455 Cliffe Ave, Courtenay BC)

**Registration  
deadline is  
May 1<sup>st</sup>, 2009**

*To register or for more  
information please call Triple P  
(250) 338-2114*

